



AHS Counseling Department Student Brag Sheet



This is your chance to **BRAG!!!** Think hard about everything you have done during high school and give us the details we need to write or talk about you. Imagine that you are writing a resume for a job you really want. Include school, home, community, church, or whatever. Conveying your unique qualities is not an easy task. Therefore, we would appreciate your giving us an honest estimation of yourself, what you have done, and what you have left to do. Please type your answers on an attached sheet referring to these questions. Use as much paper as you need.

1. Is your high school academic record an accurate measure of your ability and potential? Explain.
2. Test scores are important too! Are there any factors about test scores that we should address in communicating with your college choices?
3. During your high school career, what do you consider your proudest academic accomplishment(s)? Please give examples.
4. What do you choose to learn about or pursue outside of school? Examples: books you've read, projects you've taken on, hobbies or interests you've pursued. Please give specific examples and explain why these are important to you.
5. During your high school career, what do you consider your proudest personal accomplishment(s)? Please give examples.
6. If you were involved in extracurricular activities, which one was most meaningful and why?
7. List five (5) adjectives that best describe you and give one example of why that word came to mind.
8. If you worked, what have you gained from your work experience?
9. Are there any special circumstances, living situations, challenges, overcoming obstacles, etc. in your life that might have an impact on your application? (This can be confidential if necessary)
10. Write about your family. How do you fit, what makes your family special, usual, or unusual? Please note if your generation will be the first in your family to attend college.
11. **(Optional)** if you have a specific goal for college please describe.
12. What are you passionate about either in school or outside of school? What excites you?

Additional Information

- A. Please list the teachers or coaches to whom you have delivered "Teacher Comment" forms. (Remember: minimum of 4)
- B. List the teachers who are definitely writing your college letters of recommendation.